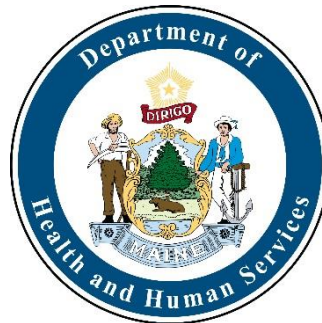


Riverview Psychiatric Center Legislative Update January 2021

Rodney Bouffard, BS, Superintendent

Matthew Davis, MD, DFAPA, Clinical Director



The Hospital



250 Arsenal Street, Augusta ME

Mission, Vision and Values

Riverview Psychiatric Center (RPC) is a 92 bed psychiatric hospital organized into major clinical, administrative and support services departments. RPC has four inpatient treatment units which provide acute level of care, treatment and recovery. In addition to the inpatient units RPC includes a state of the art Dental Clinic that serves patients in the hospital and community members with mental health and developmental disabilities. We have an outpatient services clinic in Augusta that currently serves 63 NCR clients who reside in the community under modified release and release status court orders.

Mission

Riverview Psychiatric Center provides state of the art care to individuals with serious and persistent mental illness in Maine.

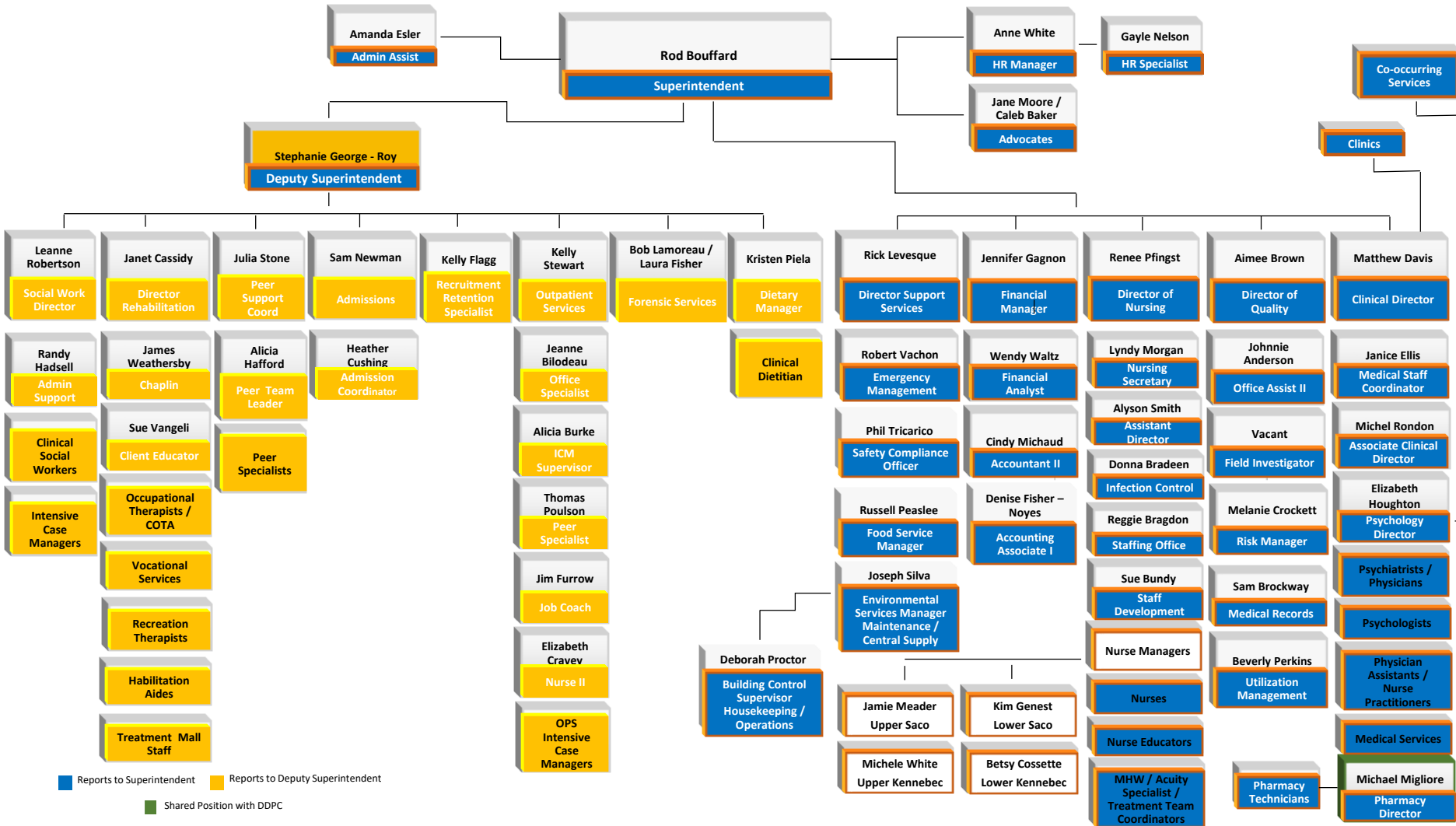
Vision

The Riverview Psychiatric Center, in collaboration with the community, will be a center for best practice, treatment education and research for individuals with serious and persistent mental illness.

Values

R-Respect P-Patients First C-Caring and Compassion

RPC Organizational Chart



RPC Regulatory Compliance

Centers for Medicare and Medicaid Services (CMS)

Active Certification
Last Survey January 2019
No deficiencies cited

State Licensure

Active License
No visits in the months
August, September, or
October.
Expiration: October 2022

The Joint Commission

Active Accreditation
Deemed Status
Last Survey: August 2019
Expiration Date: 2022

Facility Accomplishments Achieved in 2020

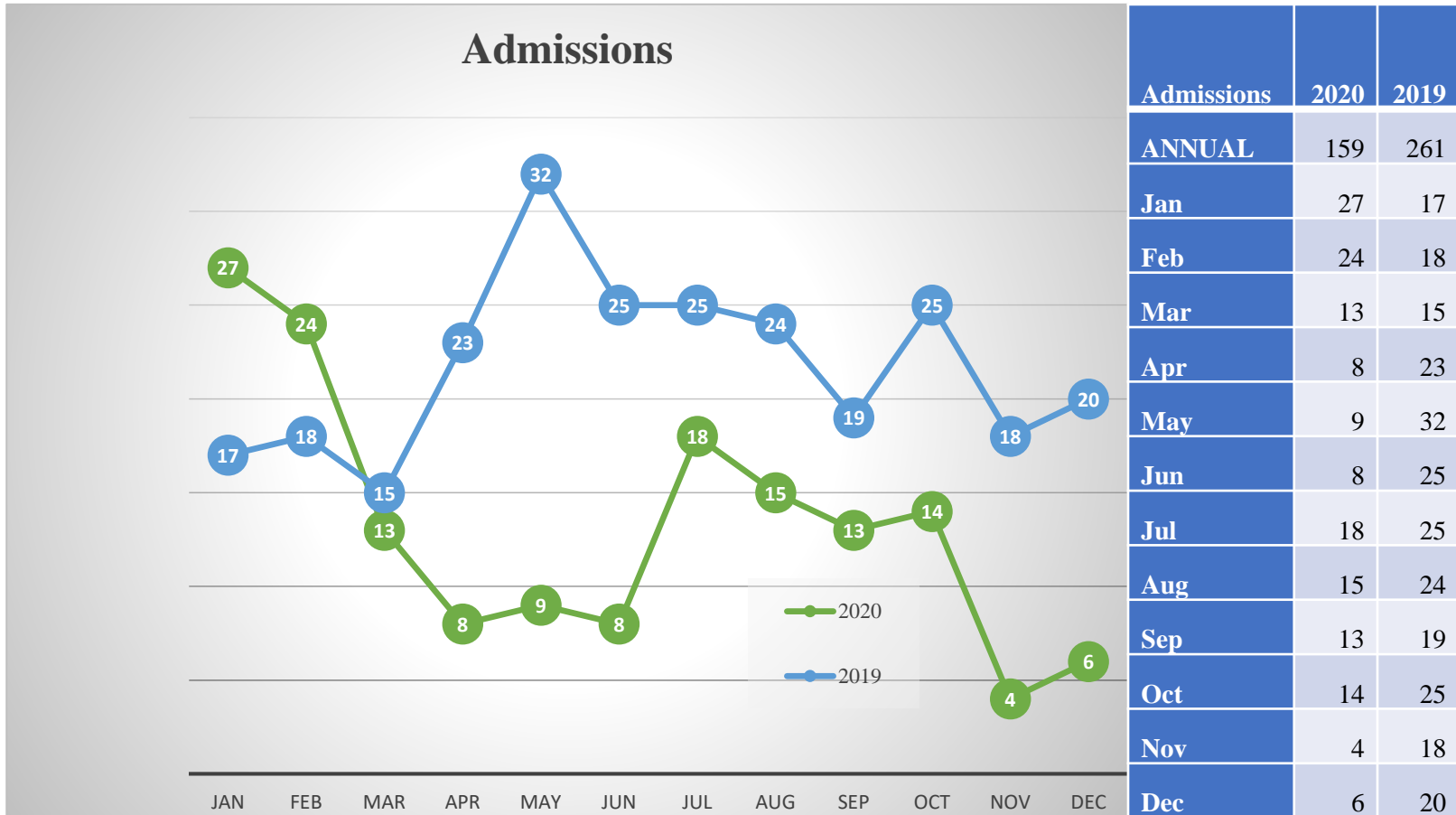
During the COVID-19 Pandemic Riverview has continued to make strides in improving patient care.

- **Violence reduction:** Continued collaboration with internationally-renowned psychopharmacology experts in California, exploring a partnership with Maine Medical Research Institute to study methods to better detect, prevent, and treat violence and aggression.
- **Quality Improvement:** Joined Harbor Performance Initiative, a national consortium of psychiatric hospitals and psychiatric units, to share and benchmark data on quality improvement initiatives.

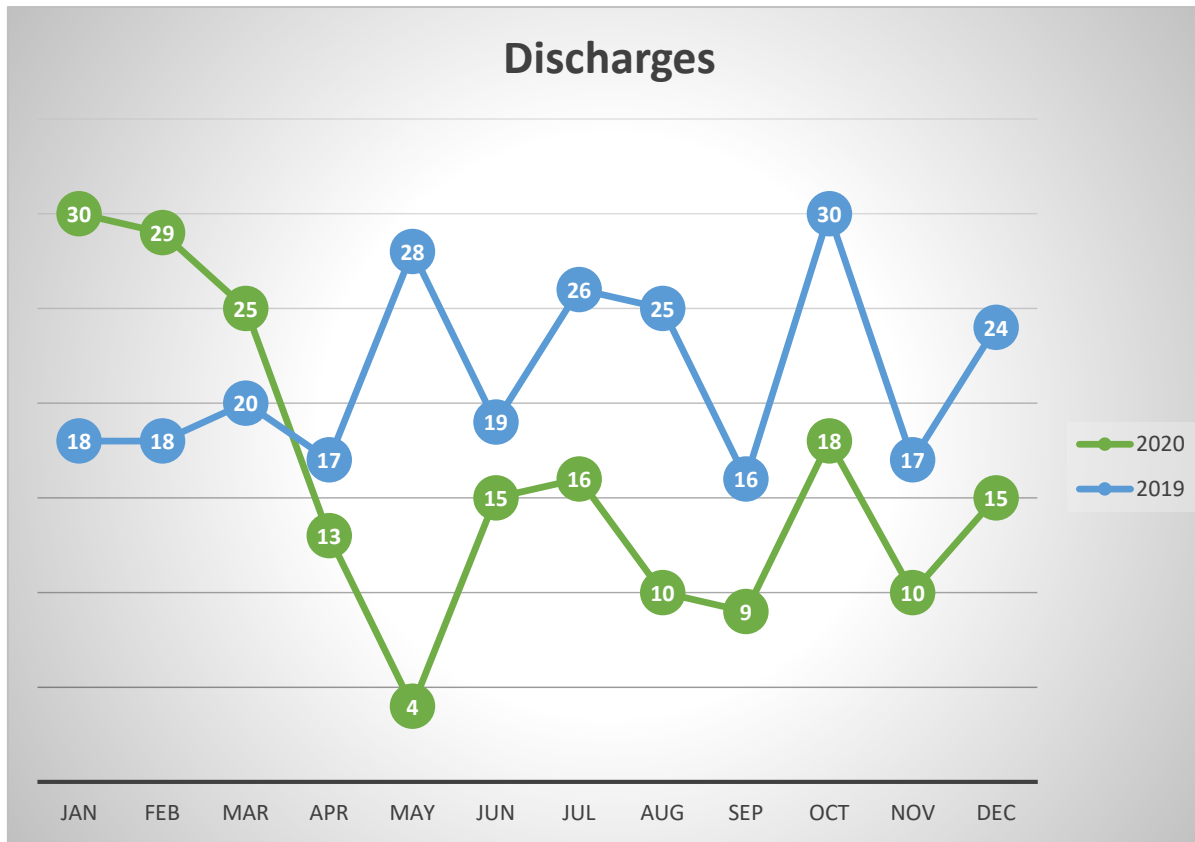
Facility Accomplishments Achieved in 2020

- Tested a total of 191 patients and staff for COVID-19. We have had zero patients test positive for COVID-19 to date due to our on-going diligence during the pandemic
- Designed and constructed a new SRC Room on the Upper Kennebec unit
- Replaced two sections of the facilities roof
- Began replacement project for CMS certification process and completed new ligature mitigation standards (2019)
- Provided anti-ligature furniture on units including chairs, tables, and stools for CMS certification process and new ligature mitigation standards (2019)
- Awarded new electronic health record (EHR) contract to Cerner on August 31, 2020. In collaboration with DHHS, CMS awarded the department with funding and approved the states Advanced Planning Document to support the Hospital Integrated Care Management System. This is the first time a state has been awarded.

RPC Admissions CY 2019 & CY 2020



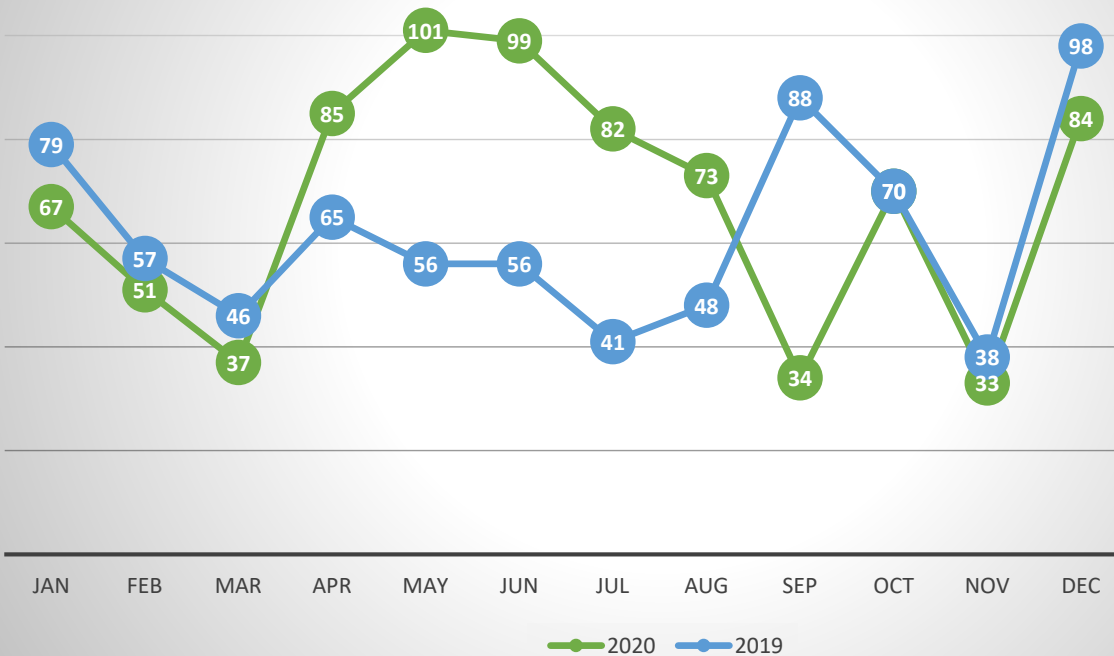
RPC Discharges 2019 & 2020



Discharges	2020	2019
ANNUAL	194	258
Jan	30	18
Feb	29	18
Mar	25	20
Apr	13	17
May	4	28
Jun	15	19
Jul	16	26
Aug	10	25
Sep	9	16
Oct	18	30
Nov	10	17
Dec	15	24

RPC Median Length of Stay CY 2019 & CY 2020

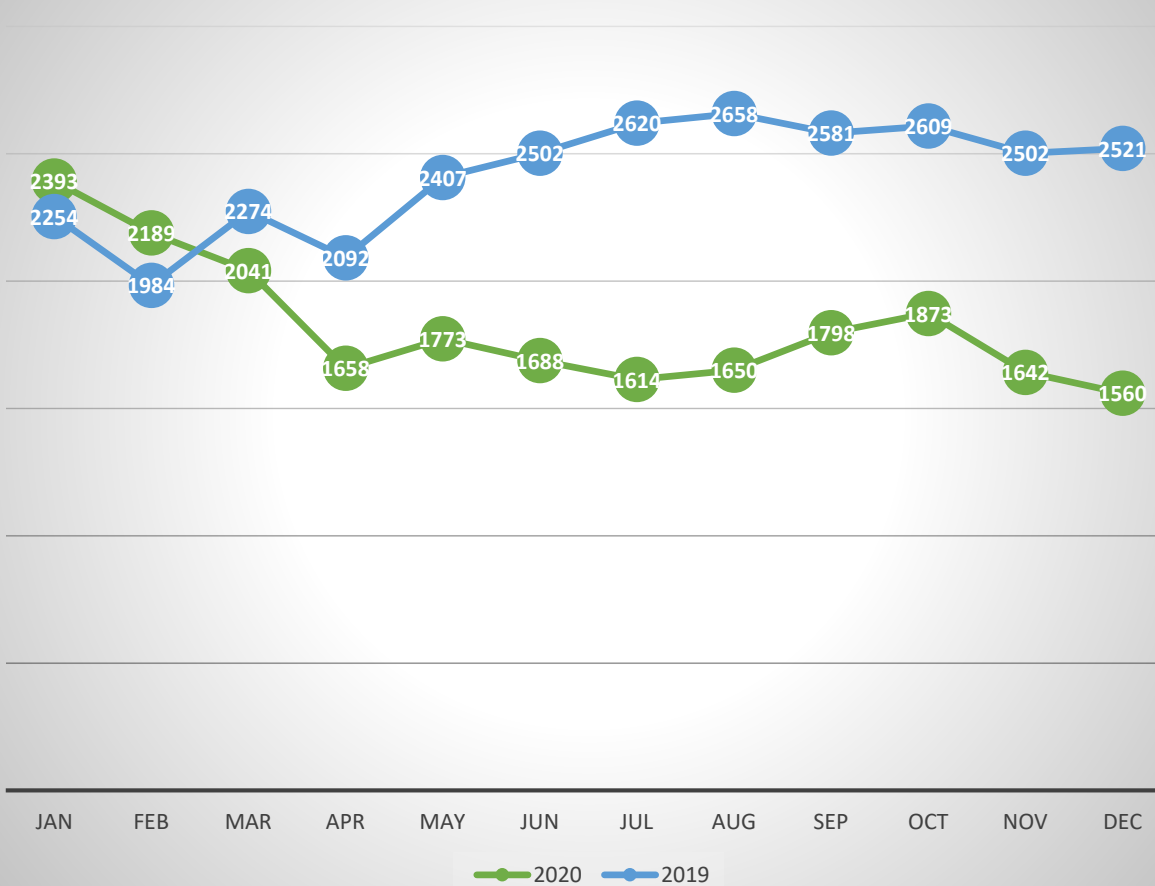
Median Length of Stay (in days)



Median length of stay (LOS)	2020	2019
ANNUAL	70	61
Jan	67	79
Feb	51	57
Mar	37	46
Apr	85	65
May	101	56
Jun	99	56
Jul	82	41
Aug	73	48
Sep	34	88
Oct	70	70
Nov	33	38
Dec	84	98

RPC Inpatient Days

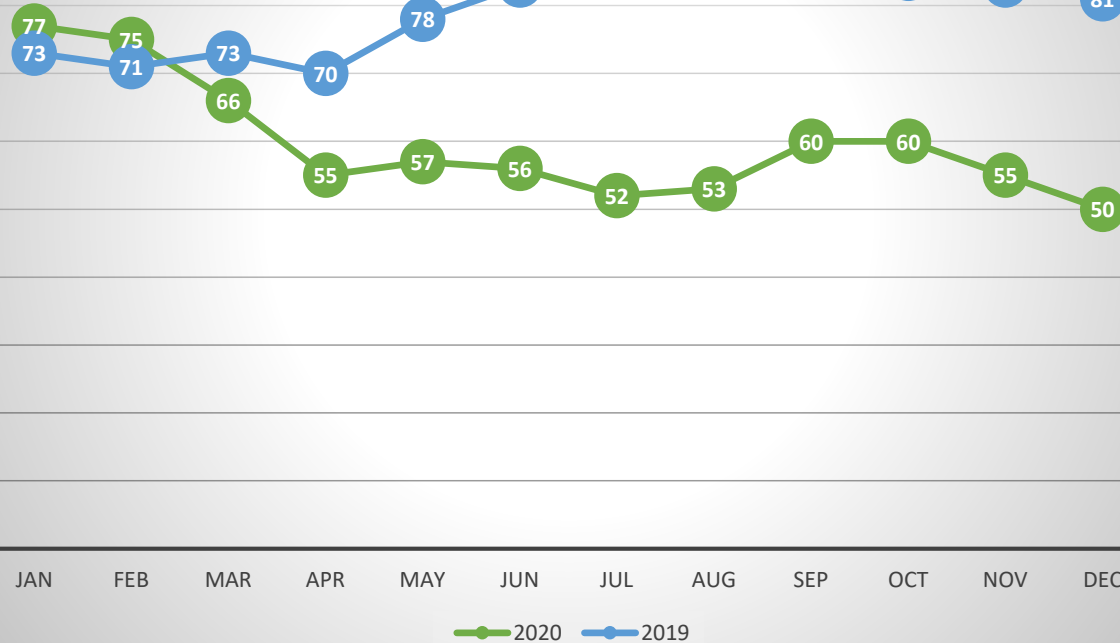
Total Inpatient Days



Total Days	2020	2019
Year (Avg/Month)	1823.25	2417
Year (Median/Month)	1730.5	2502
Jan	2393	2254
Feb	2189	1984
Mar	2041	2274
Apr	1658	2092
May	1773	2407
Jun	1688	2502
Jul	1614	2620
Aug	1650	2658
Sep	1798	2581
Oct	1873	2609
Nov	1642	2502
Dec	1560	2521

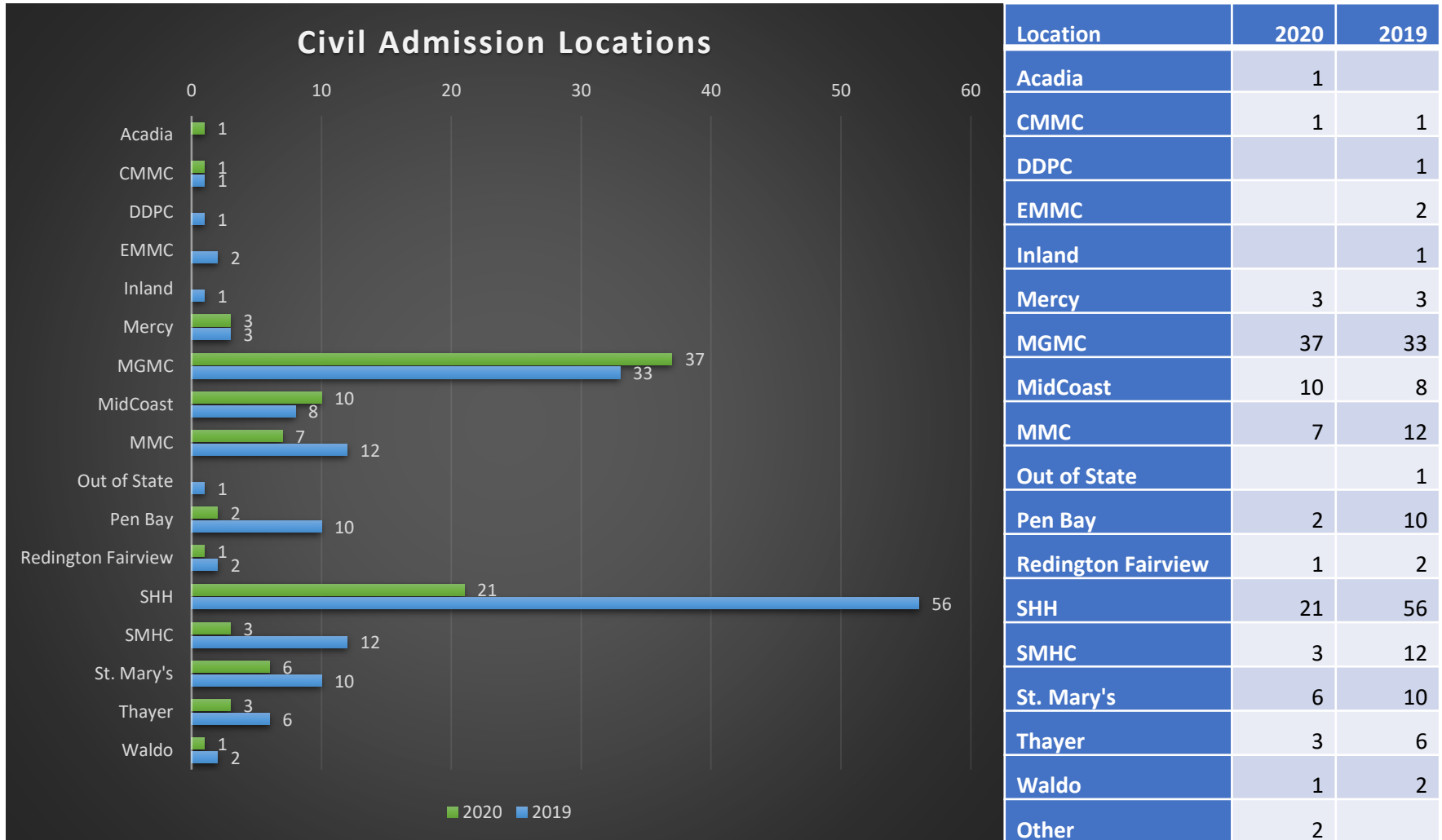
RPC Average Daily Census

Average Daily Census

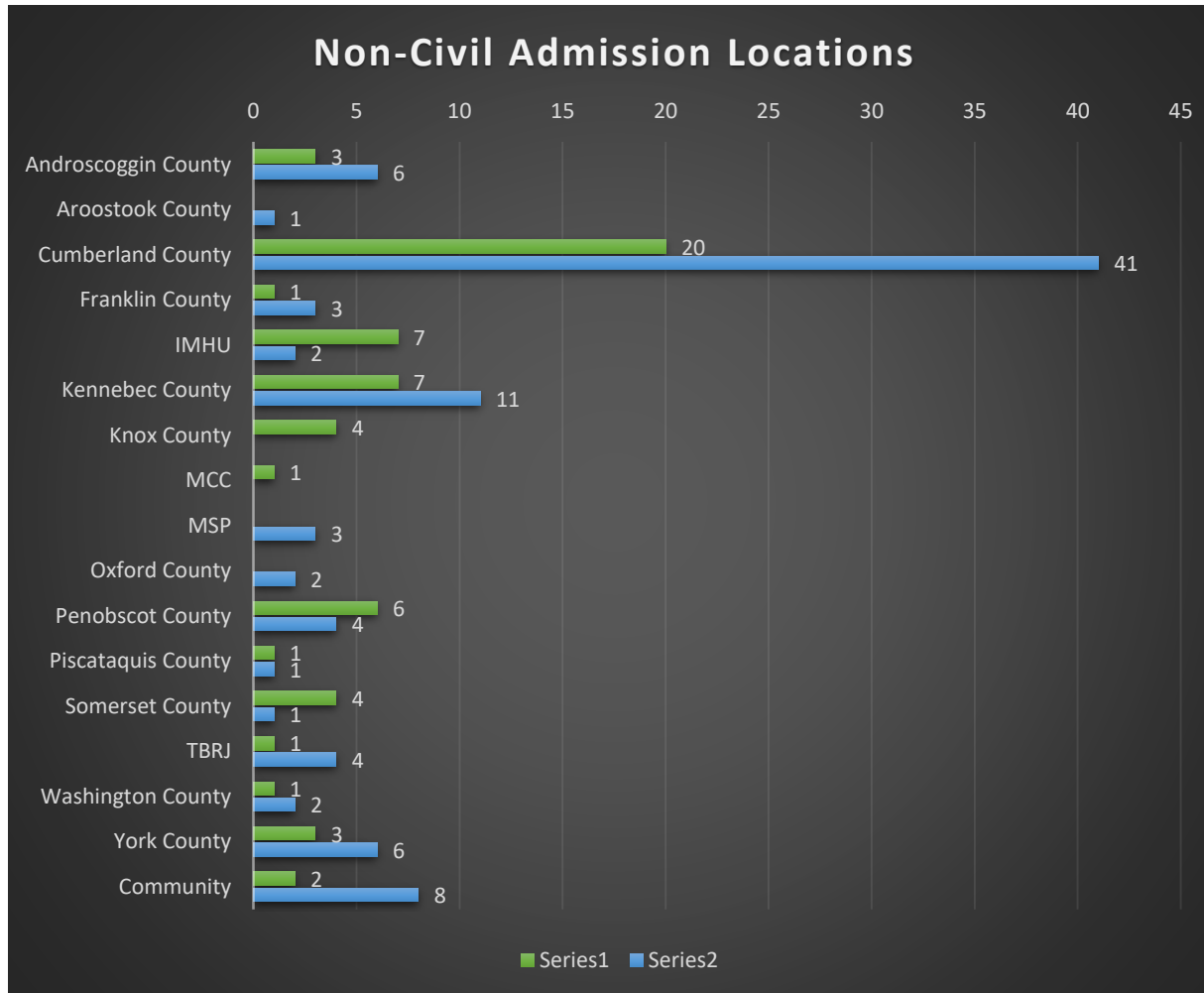


Average Daily Census	2020	2019
Year (Avg/month)	59.7	79.4
Year (Median/month)	56.5	82
Jan	77	73
Feb	75	71
Mar	66	73
Apr	55	70
May	57	78
Jun	56	83
Jul	52	85
Aug	53	86
Sep	60	86
Oct	60	84
Nov	55	83
Dec	50	81

RPC Civil Admissions Locations



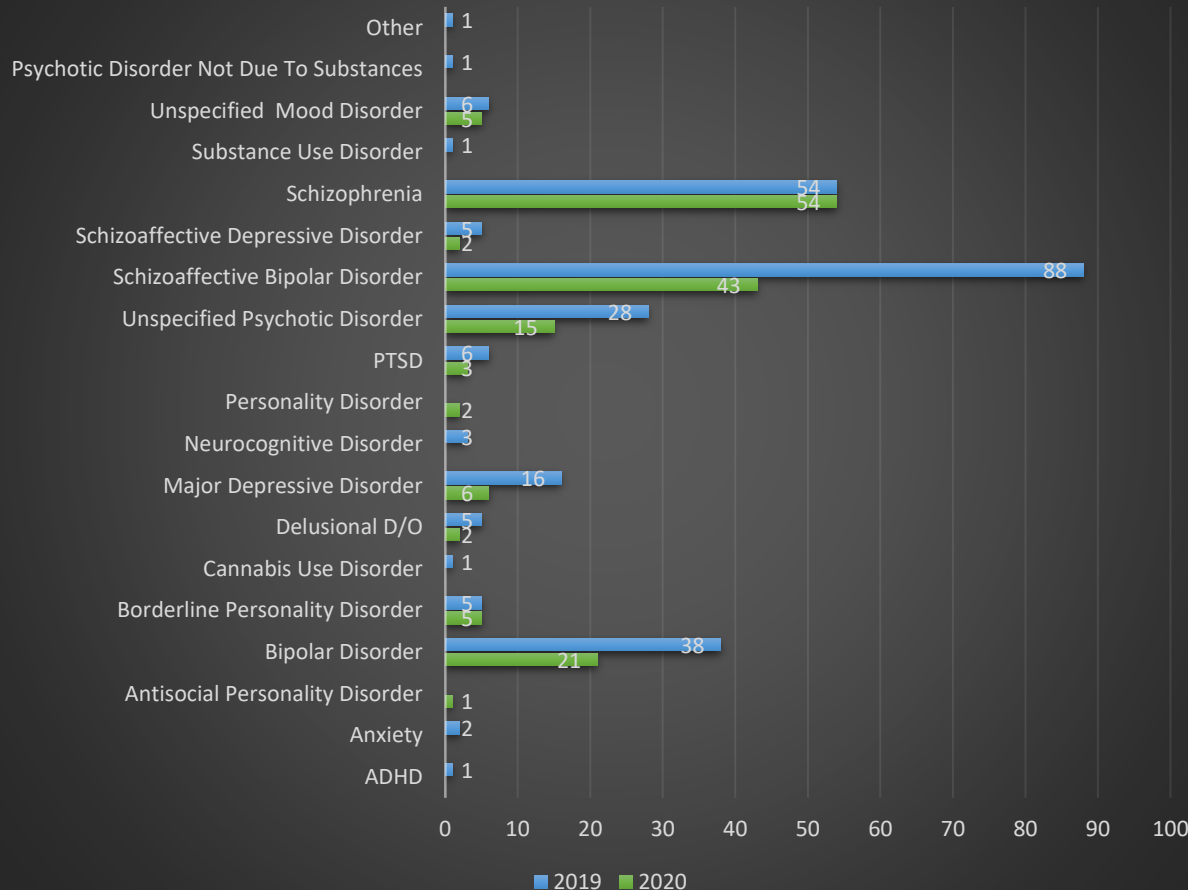
RPC Non-Civil Admissions Demographics



Location	2020	2019
Androscoggin County	3	6
Aroostook County		1
Cumberland County	20	41
Franklin County	1	3
IMHU	7	2
Kennebec County	7	11
Knox County	4	
MCC	1	
MSP		3
Oxford County		2
Penobscot County	6	4
Piscataquis County	1	1
Somerset County	4	1
TBRJ	1	4
Washington County		
York County	3	6
Community	2	8

RPC Admitting Diagnoses

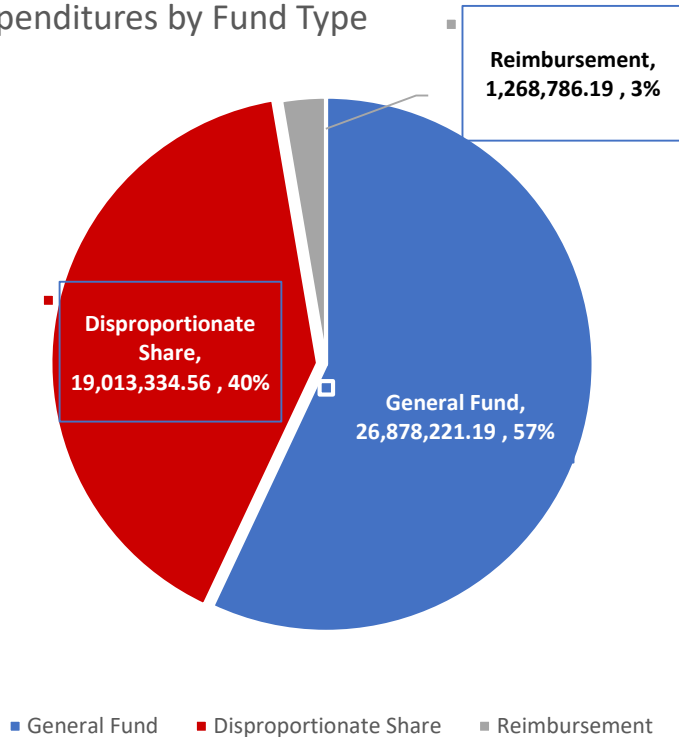
Admitting Diagnoses



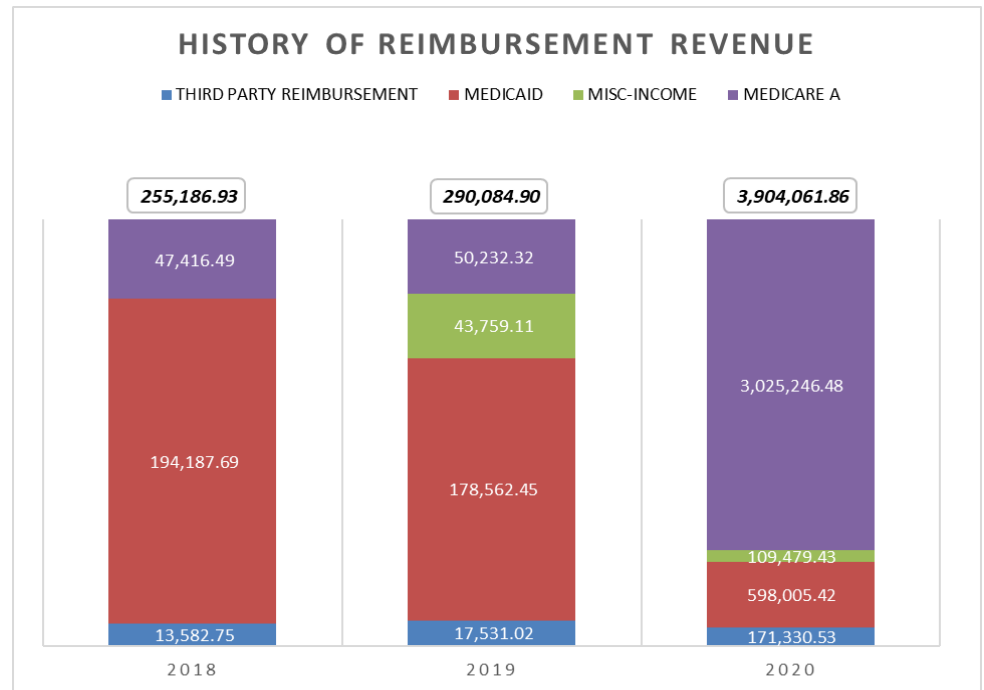
Diagnosis	20	20
ADHD		1
Anxiety		2
Antisocial Personality Disorder	1	
Bipolar Disorder	21	38
Borderline Personality Disorder	5	5
Cannabis Use Disorder		1
Delusional D/O	2	5
Major Depressive Disorder	6	16
Neurocognitive Disorder		3
Personality Disorder	2	
PTSD	3	6
Unspecified Psychotic Disorder	15	28
Schizoaffective Bipolar Disorder	43	88
Schizoaffective Depressive Disorder	2	5
Schizophrenia	54	54
Substance Use Disorder		1
Unspecified Mood Disorder	5	6
Psychotic Disorder Not Due To Substances		1
Other		1

RPC Finances

Expenditures by Fund Type



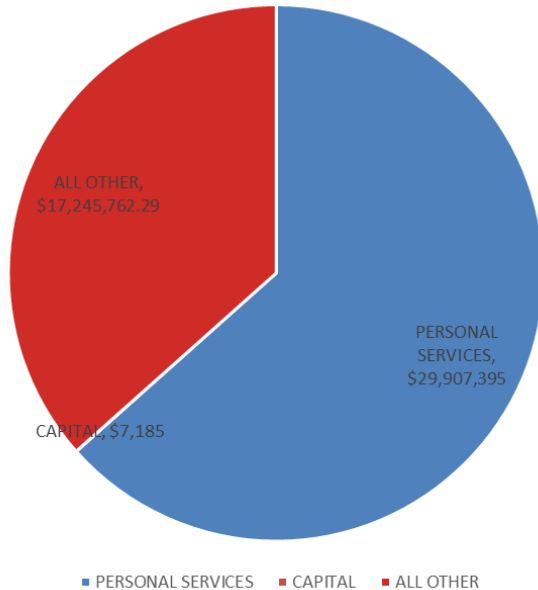
HISTORY OF REIMBURSEMENT REVENUE



RPC becoming recertified in February 2019 allowed for the hospital to bill Medicaid and Medicare for the inpatient services rendered. SFY2020 was the first full year where this reimbursement was fully reflected.

RPC Finances

Total Expenditures
\$47,160,342



ALL OTHER EXPENDITURES		PROFESSIONAL SERVICES, NOT BY STATE	
PROF. SERVICES, NOT BY STATE	8,087,733.48	MEDICAL SERVICES	6,196,143.00
ASSISTANCE AND RELIEF GRANT	60,209.27	MISC PROF FEES & SPEC SRV	548,015.70
CLOTHING	69,822.50	SECURITY SERVICES	514,122.85
COMMODITIES - FOOD	389,380.39	NURSING SERVICES	376,236.66
COMMODITIES - FUEL	166,573.77	ANALYST & LABORATORY SERV	196,419.03
EMPLOYEE TRAINING	6,052.83	LAUNDRY SERVICES	62,392.80
EQUIPMENT	7,184.99	HOSPITAL SERVICES	57,509.97
EQUIPMENT AND TECHNOLOGY	70,663.12	ACCOUNT & AUDIT SERVICES	38,500.00
GENERAL OPERATIONS	3,773,209.23	PSYCHOLOGICAL EXAMINATION	26,877.13
HIGHWAY MATERIALS	2,293.13	INSPECT & INVESTIGATION	22,005.50
INSURANCE	92,641.73	APPRAISER ARCHITECT & ENG	15,985.62
OFFICE & OTHER SUPPLIES	1,293,194.22	CONSULTATION SERVICES	13,145.61
PROF. SERVICES, BY STATE	527,488.74	CONTRACTUAL EMPLOYEE	5,012.29
RENTS	211,003.82	READER & INTERPRETER SERV	4,729.19
REPAIRS	296,493.22	TRAINING SERVICES	4,480.00
STATE VEHICLES OPERATION	1,772.72	LEGAL SERVICES	3,920.63
TECHNOLOGY	1,262,497.19	CASUAL LABOR	1,587.50
TRANSFERS	579,263.24	INSTRUCTOR & SPEAKER SERV	450.00
TRAVEL EXPENSES, IN STATE	1,609.08	MEDICAL REPORTS	200.00
TRAVEL EXPENSES, OUT OF STATE	4,287.01	Grand Total	8,087,733.48
UTILITY SERVICES	349,573.60		
Grand Total	17,252,947.28		

Response to COVID-19

- Riverview's Hospital Incident Command was activated in March of 2020 to prepare the hospital as Maine had its first positive case of COVID-19.
- The hospital went on full lock down which included only one entrance and one exit.
- All patients were asked to stay on their respected units for all active treatment and meals. The Harbor Mall was closed and all direct care staff were assigned to an in-patient unit to limit cross contamination and exposure.
- All in-person visitation ceased and patients kept in contact with families via facetime, skype and traditional phone calls. In July of 2020 as the Maine's positivity rate decreased below 1%, RPC instituted socially distanced outdoor visitation. These were vetted and scheduled through the individual units and Social Work Department. As the positivity rate increased in November, in person visitations ceased.
- All staff are screened upon entrance to the hospital for signs and symptoms of COVID-19 and temperatures are obtained each shift.
- All patients are screened a minimum of 3-4 times per day for signs and symptoms of COVID-19 with temperatures taken.
- All staff are required to wear a surgical mask upon entrance to the hospital and for the remainder of their shifts. Recently due to the increase in the number of COVID-19 cases and deaths in the State of Maine, all staff are now also required to wear face shields or goggles.
- More than 300 staff have been fit tested for more than one type of N95 respirator in case of a COVID-19 outbreak.

Response to COVID-19

- Riverview has an emergency staffing plan to ensure adequate number of direct care staff will be counted on in the event of a COVID-19 outbreak. It is part of a all inclusive COVID-19 pandemic plan that is available to all staff.
- During this pandemic, Riverview has continued to admit and discharge using a methodical screening process to not bring patients in who have tested positive for COVID-19.
- Riverview has established and maintains an admission and isolation unit for PUIs (persons under investigation) and any positive cases of COVID-19.
- Riverview has the ability to rapidly test patients and staff if they become symptomatic through the BinaxNOW testing procedure and get results back within 15 minutes.
- Riverview works in collaboration with NorDx laboratories when PCR testing admissions for COVID-19 and most results have returned in less than 24 hours.
- All psychiatric providers are working a platoon schedule to ensure adequate and proper coverage in the event of a widespread COVID-19 outbreak. Each provider works 2 weeks in house and 2 weeks remotely.
- Patients are seen primarily via telehealth for maintenance of health and safety. Limiting in person contact is priority to minimize exposure and cross contamination.
- Riverview has established a Surveillance team. This team is responsible to ensure all staff are properly wearing their masks, goggles or face shields. They are also responsible for contact tracing for all presumptive positive cases with staff.
- All staff are keeping logs of who they had close contacts with daily. This is defined as more than 15 minutes in close contact with during the course of their day.
- Riverview has vaccinated 268 Staff with first round of Moderna as of January 11, 2021.

Facility Goals for 2021

- Safely continue to increase our admissions and keep the mental health system moving
- Keep patients and staff safe by continuing to maintain COVID-19 protocols and mitigation efforts to keep COVID-19 out of the facility
- Replace flooring on all patient care units
- Continue with the implementation of the electronic health record
- Ensure safe placements for residents and staff with LR 62
- Post COVID restart our commitment to being a community teaching hospital supporting interns in various clinical disciplines.

Questions?

Rodney Bouffard, B.A., Superintendent

Matthew Davis, M.D., Clinical Director

